



## The Road Less Travelled and Beyond: Spiritual Growth in an Age of Uncertainty

By M. Scott Peck

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, The Road Less Travelled and Beyond: Spiritual Growth in an Age of Uncertainty, M. Scott Peck, The culmination of a lifetime of counselling, lecturing and writing, M. Scott Peck's major work leads us to a deeper awareness of how to live rich, fulfilling lives in a world fraught with stress, worry and anxiety. Writing with a depth of understanding that comes with the seasoned perspective of age, Dr Peck continues the journey of spiritual growth that began with The Road Less Travelled, one of the most influential personal development books of modern times. To the famous opening line of that book - 'Life is difficult' he now adds 'Life is complex'. But the greatest challenge, he reminds us, is to learn to deal with life's conflicts, problems and paradoxes to find the true simplicity that lies on the other side of complexity. The journey to serenity and inner peace, Dr Peck writes, can only be made with increasing self-awareness and social awareness. There are no easy answers for complex problems. The work of learning and spiritual growth is hard. And yet he shows us that there is a way to think with...



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