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Secrets of Prayer: A Multifaith Guide to Creating Personal Prayer in Your Life (Paperback)

By Nancy Corcoran

Jewish Lights Publishing, United States, 2007. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. We Are All Learners, Struggling to Pray Prayer can be intimidating. The idea of speaking directly to God can leave you tongue-tied, not sure what words to use, how to begin or how to end. This compelling, multifaith guidebook offers you companionship and encouragement on the journey to a healthy prayer life. Unlocking six secrets about what prayer actually is, it invites you into the practices of prayer, meditation and contemplation, showing you that prayer doesn't have to be perfect, it doesn't need formulas and it doesn't have to be planned. Discover secrets that will expand your prayer life: There Are Multiple Ways of Experiencing the Holy Your Body Is a Source of Energy for Prayer Your Senses Are Vehicles of Prayer Diversity Nourishes Prayer Interconnectedness Gives Prayer Life To Learn about Prayer, You Need to Pray.



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