



Confidence within

By Anne McGhee

MX Publishing. Paperback. Book Condition: new. BRAND NEW, Confidence within, Anne McGhee, If you are feeling lost, stuck or confused because you want more from life but are unsure how to go about it. If you're striving for success yet at the same time doubting you are deserving of it. If you've got the credentials but are not getting the results or reaping the rewards because your confidence is lagging behind your competence, this book is your gateway to freedom. In this powerful book CAN DO Coach Anne McGhee teaches you her unique system to develop AUTHENTIC confidence. You will be taken on a journey of self-rediscovery, to a soulful place where you come to know, like and trust yourself and develop a deep and lasting Confidence Within. Packed with wit and wisdom and a little Spiritual Law you can't help but come to a place of self-acceptance and appreciation. The case studies and exercises in this book will inspire and empower you to celebrate your uniqueness and gain the clarity, confidence and courage to become the women you were born to be and finally achieve what you are truly capable of.

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